



Finspong training camp



Arrange your training camp in the nice Finspång terrain

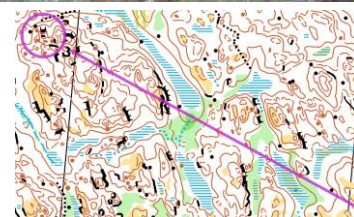


- ☺ *Technical trainings*
- ☺ *Large forest areas*



1. Long distance Torstorp

Long distance course from the Finspångs SOK club house.
Courses from 7 to 20 km. Only full difficulty level.



2. Controls at the club house, Torstorp

Also with easier controls for youths.



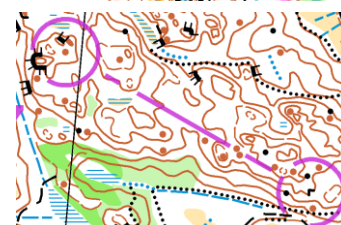
3. Relay training Falla

Courses from 4 to 8 km.
Also with easier courses for youths.



4. Night training Axhult

Courses from 4 to 8 km.
Challenging courses and terrain. Only full difficulty level.



5. Contour only Stenstorp

Detailed and hilly terrain.



All controls are marked with reflecting rods and red/white stripes.
All areas are open from 2021-11-13 to 2022-08-14.

Info and map purchasing:

Olle Lindman, e-mail: olle.lindman@bahnhof.se tele: +46727156109. Address:
Mellangrindsv. 32D 612 37 Finspång. Map with controls: 50 SEK. If you print yourself: 40 SEK.

Welcome! Finspångs SOK www.finspangssok.se

Accommodation proposals:

Finspångs SOK:s club house, Torstorps motionscentral, at training 1 and 2.

Fully equipped kitchen, sauna and simple beds. Booking to Lena Rosander, tele: +46 (0)122-19201, mobile phone: +46(0)723507437, e-mail: lenarosander@hotmail.com , address: Kapplandsv. 8, 612 34 Finspång.

Lotorp Hostel & Café

www.lotorpsvandrarnhem.com

Torgvägen 1, Lotorp

Tele: +46 (0)73-3971070, e-mail: lotorpvandrarnhem@telia.com

Cottages at Finspång golf club

www.finspangsgk.se

Finspångs Golfklubb, Viberga Gård

Tele: +46 (0)122-13940, e-mail: info@finspangsgk.se

Finspång castle

www.finspongsslott.se/hotell/

Tele: +46 (0)122-81504

Hotel Alléhotellet

www.allehotellet.se

Tele: +46 (0)122-16111 or +46 (0)76-7786400, e-mail: info@allehotellet.se

Hostel at Sankta Maria church

www.svenskakyrkan.se/finspang/risinge-prastgard

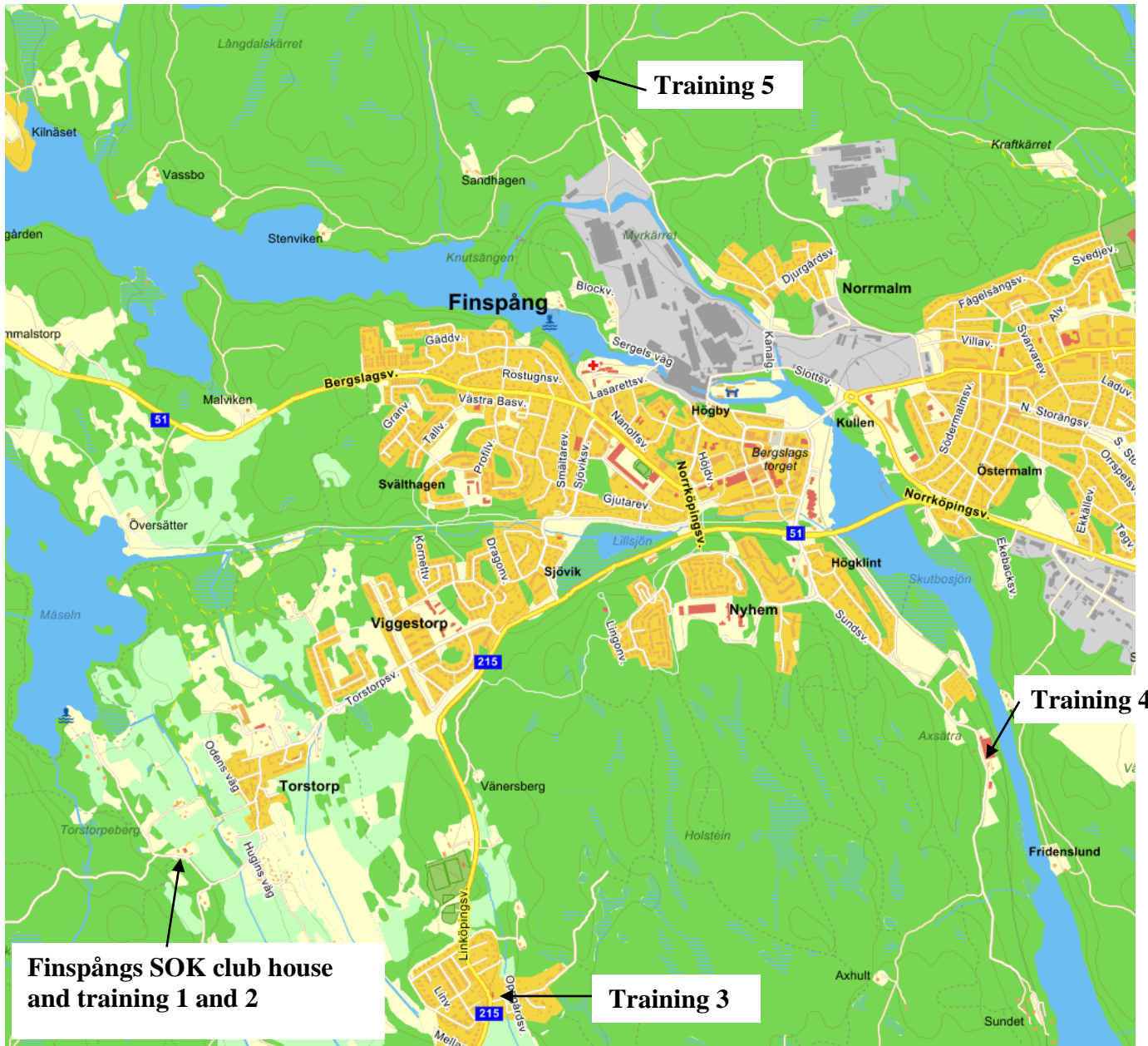
Tele: +46 (0)122-85700, e-mail: finspangs.forsamling@svenskakyrkan.se

Cottages and caravan campsite at arena Grosvad.

<https://www.finspang.se/kulturochfritid/idrottmotionochfriluftsliv/arenagrosvadscamping.4.1c41057e16b9793aa8a15dac.html>

Tele: +46(0)10-4509055, e-mail: arenagrosvad@medley.se

Vägbeskrivning



Finspångs SOK club house
and training 1 and 2

Training 3

Training 4

Training 5